



# Logbook

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Figg.health Inc.  
 3810 Inverrary Blvd Suite: 401  
 Fort Lauderdale, FL 33319  
 Toll-Free: 1-800-391-2802  
 Figg.health

Number: 1205082201  
 Effective Date: 2019-04-04

### Personal Information

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Phone Number \_\_\_\_\_

### Doctor Information

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Phone Number \_\_\_\_\_

### Medication Needs

\_\_\_\_\_  
 \_\_\_\_\_

### Target Ranges

Pre-meal Target Ranges \_\_\_\_\_  
 Post-meal Target Ranges \_\_\_\_\_

WEEK OF \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Day	Breakfast		Lunch		Dinner		Bedtime	
	before	after	before	after	before	after	before	after
M								
Comments:								
T								
Comments:								
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Comments:								

WEEK OF \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Day	Breakfast		Lunch		Dinner		Bedtime	
	before	after	before	after	before	after	before	after
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